NUTRITION PROGRAMS

Strengthening food security and healthy communities across California

CCC's NUTRITION SERVICES

Catholic Charities of California is the **only statewide nonprofit network delivering coordinated CalFresh Healthy Living and CalFresh Outreach services** through trusted, community-based organizations.

Since 2018, CCC has helped over 430,000 families access and maintain food benefits, has provided 15,000 nutrition education classes, and implemented 7,000 projects to improve community health.

2.5 MILLION+
Californians impacted

35 Counties
Served across California

WHY THESE SERVICES MATTER

- Links families to critical food benefits
- Improves long-term health outcomes
- Maximizes federal nutrition investments
- Reduces strain on public systems
- Provides cost-effective community services

Results in increased food security and household stability in communities

WHAT'S AT RISK

The elimination of SNAP-Ed funding and reduction in SNAP Outreach funding at the federal level is **straining the CCC network now** — cutting staffing, outreach capacity, and nutrition programming across the 12 agencies statewide.

LOSS OF TRUSTED OUTREACH INFRASTRUCTURE
Infrastructure that cannot be quickly rebuilt

ELIMINATION OF NUTRITION PROGRAMMING
Increases hunger and poor health in California's most vulnerable communities

FEWER ENROLLMENT ASSISTANCE SERVICES
CalFresh recipients more likely to lose benefits even when still eligible

INCREASED BARRIERS FOR VULNERABLE FAMILIES
Struggling households face impossible choices--e.g. pay the rent or put food on the table?

Catholic Charities of California Nutrition Programs
CalFresh Outreach (CFO) & CalFresh Healthy Living (CFHL)